

manna project international's *Holiday Stories of Hope*

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Thank You for the Hope You Give to Our Communities!



Here at Manna Project, we have a lot to be grateful for - wonderful communities, world-class volunteers, lasting change for individuals living in poverty, and YOU. Because of you, 3,099 individuals in Nicaragua and Ecuador have access to health, education and livelihoods services they would not have otherwise. You are giving hope - there's no doubt about it! We see your generosity changing lives every day, and we're kicking off the holiday season with our annual Holiday Stories of Hope so you can see it, too.

Our first Story of Hope comes from Josue, pictured above with Program Director Connor. When Josue was diagnosed with malnutrition, his mother turned to Manna's Child Sponsorship Program for support. Through this program, Josue and 52 other children receive weekly nutritional support for a lifelong, positive impact on their health. The first five years of a child's life are critical for development. Because you choose Manna, these children and their mothers receive the tools to ensure they have enough food and a healthy start to life.

You can meet our community members and [read more Stories of Hope here.](#)
To make a holiday Gift of Hope, [click here.](#)

Yes, I want to give a Gift of Hope.

December 2nd Is #GivingTuesday

#GIVINGTUESDAY™



After Thanksgiving, Black Friday and Cyber Monday comes Giving Tuesday! [Giving Tuesday is a movement to create a national day of giving to kick off the giving season.](#) What better way to give back than by helping communities break the cycle of poverty? We hope you join us in spreading the word through social media on December 2nd by using the hashtags #GivingTuesday and #MannaProject. Thank you!

Shop With Amazon Smile



[AmazonSmile](#) is a simple and automatic way to support Manna Project as you do your holiday shopping! [AmazonSmile](#) allows a portion of your purchase to support Manna Project at no additional cost to you. Simply shop at AmazonSmile, choose Manna Project International as your charity, and 0.5% of your eligible purchase will be donated to MPI. These small amounts add up to make a huge difference.

Order the Manna Project Cookbook



[En La Cocina is now available!](#) This cookbook, \$35, is full of vibrant colors and delicious recipes shared by community members in Latin America. If you want a taste of life at our sites, this is the book for you. We've kept the cookbook as close to cost as possible and are offering the option to add a donation certificate. [Order today for Christmas delivery!](#)

Federal Employee Contributions #64927



Are you a federal employee? You can join the [Combined Federal Campaign](#) (CFC) - the world's largest annual workplace charity campaign. Pledges made by Federal employees before December 15th will go to the non-profit organization of your choice, supporting health and human services around the world through payroll deduction. MPI's CFC number is #64927.

Lacrosse the Nations Cup This Friday



This Friday, November 28th, students from our communities in Nicaragua will compete in the second annual Lacrosse the Nations Cup to raise funds for community food programs and MPI's Cedro Health Clinic. They also REALLY want to win! We still have 28 competitors who are looking for sponsors. For as little as \$5, you can sponsor a player! [Click here to see the teams.](#)

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